



YULIA TEREKH

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YuliaTerekh.com

Capoeira athlete and performer with 10 years of experience. Afro-Brazilian and Latin dance instructor and performer with more than 5 years of experience. Former gymnast. Experienced in background roles, events, big street carnivals & shows, stage and backstage life. Active member of stunt training community in Vancouver. Fast learner, reliable and pro-active.

HIGHLIGHTS

- Martial arts
- Acrobatics
- Dance
- Performance
- Weight: 130 lb. (60 kg)
- Heights: 5.3" (162 cm)
- Eyes: blue | Hair: blond
- Language: Russian, English

EXPERIENCE

MAY 2011 – PRESENT

CAPOEIRA ATHLETE, GRUPO AXÉ CAPOEIRA

- Martial Arts student (teacher - Marcus Aurelio, Mestrando Barrãozinho)
- Martial Arts competitor
- Afro-Brazilian dancer, performer

MAY 2021 – PRESENT

MARTIAL ARTS STUDENT, HAGESHĪ MARTIAL ARTS AND FILM

- Stage fight, martial arts, reactions, falls training (teacher - Sean Kohnke), including Jidai Tate workshops and small group classes (teacher - Mao Asou)

MARCH 2019 – PRESENT

DANCE INSTRUCTOR, DIRECTOR, VANCOUVER SAMBA SCHOOL

- Samba classes and performances (choreography, costume making, shows)

JAN 2015 – PRESENT

LATIN DANCE PERFORMER, VANCOUVER & INTERNATIONALLY

- Vancouver, Calgary, Seattle, Portland, Los Angeles performances

SEPTEMBER 2013 – SEPTEMBER 2014

BACKGROUND ACTOR (NON-UNION)

- 2021: Sticky fingers, Street Fighter, Family Law
- 2014: Backstorm
- 2013: The Girlfriend's guide to divorce, Rush, Bates Motel, Cedar Cove, The Interview

1992 – 1999

ARTISTIC GYMNAST (RUSSIA)

ACTIVITIES

- Wires training at The Underground Circus
- Acrobatics, trampoline, capoeira training at Fight Club and Delta Gymnastics

EDUCATION

MAY 2011 – PRESENT

CAPOEIRA CLASSES, EVENTS, WORKSHOPS, GRUPO AXÉ CAPOEIRA

2019 – PRESENT

DANCE, INTERNATIONAL SAMBA CONGRESS

Online and in-person classes with the world-renowned Afro-Brazilian and Samba instructors.

CERTIFIED WEIGHT TRAINING INSTRUCTOR, HEALTH AND FITNESS ALLIANCE (VANCOUVER)

CERTIFIED GROUP FITNESS INSTRUCTOR, HEALTH AND FITNESS ALLIANCE (VANCOUVER)

CERTIFIED STRETCHING AND CONDITIONING INSTRUCTOR, WELNESS ACADEMY (MOSCOW)